

# DISHING UP AUSTRALIA WITH AL BROWN

# Australia on screen

THERE'S NOTHING LIKE AUSTRALIA



EPISODE NINE

## Melbourne And The Grampians



Melbourne is celebrity Chef Al Brown's favourite Australian city, and after sharing some of his best-kept secrets with viewers in the series *Dishing Up Australia with Al Brown*, you'll soon see why. Al describes the city as "effortlessly cool, with a melting pot of great cuisines." But Al's passion to get to the source of the best Australian produce finds him travelling the road deep into the majestic Grampians National park, a two and a half hour drive west from Melbourne



## Culinary Oasis In The Southern Grampians

The Royal Mail Hotel is a three-hour journey from Melbourne, but it's easy to see why many Melbourn-ites come here – just for the food! The five star restaurant serves guests exquisite fresh cuisine picked straight from the large kitchen garden. It's a unique destination with stunning views of the Southern Grampians Ranges. [royalmail.com.au](http://royalmail.com.au)



## Natural Grandeur Of The Grampians

The Grampians National Park is renowned for its outstanding natural beauty and for being one of the richest indigenous rock art sites in southeastern Australia which can be explored with an indigenous guide from one of the local tour companies in the region.

For clients keen to follow in the footsteps of Al's culinary journey, find out more visit [Australia.com/albrown](http://Australia.com/albrown)



## Regional Bounty

The Mount Zero Olive Grove is located adjacent to the Grampians National Park, in Western Victoria. The olive grove is a Demeter certified, biodynamic farm. The grove is self-sustaining in its farming practices (feeding the trees directly from the soil humus rather than chemical inputs) and energy supply (sourced from off-grid wind and solar generators), well worth a visit! [mountzeroolives.com](http://mountzeroolives.com)