



SOUTH AUSTRALIA: Adelaide, McLaren Vale & Kangaroo Island

EPISODE
FIVE



Sumptuous South Australia

South Australia is largely known as the “food bowl of Australia” so knowing that there was plenty more to be discovered in this region, Al Brown heads back for a second sampling of the very best the region has to offer in the fifth episode of his television series, Dishing up Australia.



Mighty McLaren's 'Big Red' – On The Road To KI

Adelaide is surrounded by one of the best and biggest natural pantry's the country has to offer, so Al is keen to get out amongst it on the road less travelled, and picks up a car to head straight for nearby McLaren Vale.

A 45-minute drive away, the picturesque region is known for its vineyards, and Al can't resist stopping in to pick up a bottle of what he knows will be a 'big' and very enjoyable local red.

For clients keen to follow in the footsteps of Al's culinary journey, find out more visit Australia.com/albrown



Culinary Scene Is Hopping On Kangaroo Island

From the nearby town of Cape Jervis, a comfortable ferry will take you the 45-minute journey to Kangaroo Island, widely regarded as Australia's premier wildlife destination. Covering almost 4,500 square kilometres it is Australia's third largest island and offers the best of the mainland on a smaller, more intimate scale as well as offering up some real treats all of its own.

Being surrounded by fertile lands and rich waters, Kangaroo Island produces some of Australia's finest gourmet foods, with the likes of freshly caught King George Whiting, Sheep cheese, Marron, and a unique variety of honey as well as an exciting range of varietal wines and some very special spirit! tourkangarooisland.com.au Sealink operates Sealion 2000 and Spirit of Kangaroo Island, two large, luxurious vehicle and passenger ferries, between Cape Jervis and Penneshaw. There are four departures daily. Bookings are necessary sealink.com.au



Sublime Luxury At Southern Ocean Lodge

Floating atop a secluded cliff on a rugged stretch of coastline, you'll be amazed to find Southern Ocean Lodge, offering stunning views of both the wild Southern Ocean and pristine Kangaroo Island wilderness. southernoceanlodge.com.au

A veritable feast for the senses, Kangaroo Island is a beacon for discerning travellers wishing to experience the very essence of Australia.



Seal Bay Conservation Park

Whilst, very much off the culinary track, no matter what your reason for visiting Kangaroo Island, you cannot leave without visiting Seal Bay. As the name suggests it is a bay of seals – 'fur real!'. And not just one or two of the same kind. See juveniles jostling for their position on the beach, seniors just kicking back and the hunter gatherers among them busy in and out on the tide with their catch of the day. An awe inspiring experience that under the careful guidance of a local ranger gets you up close and personal without invading the seals space. A must do not matter what age, season or reason! environment.sa.gov.au/sealbay/home