

Aloha Friday



ri 17 Aug 18 p31

Ocean Adventures Around Oahu



From surfing to SUP yoga, Oahu offers a number of ocean adventures to suit clients of all abilities, says Hawaii Tourism.

Some of its top picks include surfing with Hans Hedeman Surf School, yoga with either Yoga Kai or Yoga Floats and kayaking with Twogood Kayaks Hawaii.

Hans Hedeman Surf School has locations in Waikiki and on the North Shore at Turtle Bay Resort, and offers surf lessons, surf tours and surf board rentals. The lessons are open to beginners through to advanced with private, semi-private and group lessons available. The surf school also features stand up paddle boarding and body board-



Maui Marathon

The Maui Marathon is returning on 14 Oct, with a full marathon, half marathon, 10km, 5km and full marathon relay all on offer, over the race course from Kahului to Kaanapali. Registrations are now open, with prices ranging from USD45 for the 5km to USD145 for the full marathon. See mauimarathon.com

ing lessons, as well as canoe tours. Yoga Kai offers yoga on a stand up paddle board, designed to help clients develop body awareness. Classes on offer include the standard SUP Yoga; Paddlefit Bootcamp, which is designed to make working out fun and SUP Glowga, night-time yoga with a glowing surfboard. Variations of these classes can be found at Ala Moana Beach Park and Ko Olina Resort, with a few also at Outrigger Waikiki Beach Resort.

Local operator Yoga Floats also offers stand up paddle yoga, with classes ranging from Intro to Stand Up Paddling, Light Up the Night (SUP Yoga with underwater coloured lights), and private lessons. Yoga Floats programmes can be found at Magic Island at Ala Moana Beach Park, with some also at Ko Olina Resort on the Leeward Coast.

Twogood Kayaks Hawaii offers a range of kayak adventures in the reef protected waters of Kailua Bay. Highlighted classes include a five-hour guided tour to the Mokolua Islands Bird Sanctuary, which includes hiking and snorkelling or the two and a half hour guided kayak near Popoia Island. Exclusive kayak tours can also be booked for exploring sea caves, cliffs, coves and islands. See more at gohawaii.com

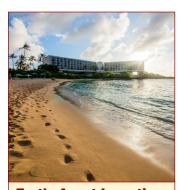
Mitsuwa Marketplace

Guests will soon be able to get a taste of famous Japanese restaurant Gyutan Tsukasa at Waikiki's International Marketplace. The restaurant, known for its beef tongue dishes, will be at the Mitsuwa Marketplace 23-26 Aug.

Leilani's Re-opens



Lahaina restaurant Leilani's on the Beach has re-opened after a six month renovation, advises Maui Visitors Bureau. The restaurant now features an updated main dining room, an extended lanai, new roofing and a teak tile wall featuring the West Maui Mountains. In addition, a new menu sports locally-sourced ingredients.



Turtle Agent Incentive

Agents who book stays of three nights for clients at the North Shore's Turtle Bay Resort will now be thanked by Malama dollars—a USD25 gift card. The resort will also provide a special Aloha Welcome Amenity for clients on behalf of the agent. The offer is not valid for group bookings, see turtlebayresort.com/malamadollars



OceanFest Begins

Waikiki's premier ocean sports festival Duke's OceanFest officially kicks off this weekend, honouring Olympic champion and surfing pioneer Duke Kahanamoku.

Now in its 17th year the event, which is on until 26 Aug, will feature a series of ocean and beach competitions and special events, including surfing competitions for youths, amateurs, pros, tandems, the physically challenged and animals, a Wounded Warrior canoe regatta, a one-mile ocean swim, surfboard waterpolo, beach volleyball, movies on Waikiki Beach, a beachfront luau and a special lei draping of Duke Kahanamoku's statue

All net proceeds from the event will go towards the Outrigger Duke Kahanamoku Foundation. See more at dukesoceanfest.com

Moana Experiences



Disney heroine Moana has arrived at Aulani, a Disney Resort & Spa. Guests at the Oahu resort can meet with Moana, listen to stories from Moana and Uncle next to the Oceanside fire pit, help Moana build a model canoe and race it in Uncle's Kahakai Canoe race and more. See disneyaulani.com

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