

## Oahu's Best Spa Experiences

Featuring Hawaii-inspired treatments and island sourced products are the many spa's around Oahu.

For clients seeking a rejuvenating afternoon (or day) Hawaii Tourism has compiled a list of its favourite spas with a few recommended treatments as well.

The Sullivan Estate & JK7 Spa Retreat, on the North Shore, features a salt water pool, tropical gardens and state-of-the-art spa amenities. Treatments include a five-hour Restore Yourself package, which features a detoxifying aroma steam sauna & cold Plunge; and a JK7-SPA sensorator sensory stress-dissolving treatment. Organic vegetarian gour-



met lunches are also available. For something more exotic, the Moana Lani Spa at Waikiki's Moana Surfrider hotel offers 'the stones of apuakehau' treatment, which includes healing stones collected from an underground pool, awa mud and a traditional lomilomi massage.

For those seeking a massage the Hyatt Regency Waikiki Beach and Resort's Na Hoola Spa has a Hawaiian lomilomi massage; Nalu Kinetic Spa at Turtle Bay Resort's aloha nui loa massage, featuring warm coconut and kukui oil, is recommended, as is SpaHalekulani at Halekulani's signature barefoot massage 'hooilele. Other notable spas include Lanikai, a Disney Spa at Aulani Resort, which offers a kula wai hydrotherapy garden, and the Mandara Spa at Hilton Hawaiian Village, whose Hawaiian Kuuipo lomiLomi massage for couples is recommended. Finally the Kahala Spa at The Kahala Hotel is known for its kala koikoi lomilomi treatment.

### HA Hawaii Fares

Hawaiian Airlines has tactical fares to Hawaii on sale to 17 Sep and travel on select dates through to 30 Nov. One-way O class fares to Honolulu start from \$282; add ons to all neighbour islands as well as business class fares also available.

### Aloha Festivals

The Aloha Festivals are Hawaii's premier cultural showcase, celebrating Hawaiian music, dance and history and preserving the unique island traditions. The first festival, the Annual Waikiki Hoolaulea, is on 22 Sep and features a block party on Kalakaua Avenue 1900-2200. Highlights of the party include multiple stages of entertainment, lots of food and lei vendors and hula crafters.

Then, 29 Sep is the 72nd Annual Aloha Festivals Floral Parade, from Ala Moana Park, along Kalakaua Ave to Kapiolani Park 0900-1200. Highlights of the parade include a colourful equestrian procession of pau riders, extravagant floats with cascades of Hawaiian flowers, hula Halau and marching bands. Admission for both events is free. See alohafestivals.com/

### Heli Proposal Package



Hawaii Helicopters has launched a new Surprise Proposal Package, advises Maui Visitors Bureau. The package includes a flight for two on Hawaii Helicopters to Molokai, flying past Papalaua Falls, the Kalaupapa Peninsula and other sites before landing for a surprise proposal, with a professional photographer on hand to capture the moment. See hawaiihelicopters.com

### Hawaii Film Festival

The largest annual festival screening independent films from Hawaii, the mainland U.S. and international filmmakers is on 08-18 Nov in Oahu. The Hawaii International Film festival features more than 160 films from 40 countries at cinemas throughout Oahu. Find out more at hiff.org/



### Tower Two's Debut

The Ritz-Carlton Residences, Waikiki Beach will be complete when it debuts its Diamond Head Tower on 15 Oct.

"We are excited to continue redefining the standard for luxury hospitality in Waikiki with the debut of our completed resort featuring both towers," says gm Douglas Chang. "We look forward to welcoming discerning travellers from around the globe to experience the finest residential-influenced accommodation on Oahu."

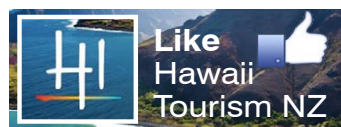
The new 245-residence tower boasts an expanded spa with four treatments rooms and relaxation lounge, a 880m<sup>2</sup> infinity pool with private cabanas equipped with SMART televisions, refrigerators and day beds as well as 10 meeting and event spaces, including a boardroom and movie theatre.

The resort will also debut a new dining venue and gourmet market in early 2019. See ritzcarlton.com/Waikiki



### Cabanas For A Cure

Hyatt Regency Maui Resort and Spa has turned its cabanas pink, in support of the fifth Annual Maui Paddle for a Cure, held 13 Oct to raise money for breast cancer charity Susan G Komen. Guests can book a pink cabana and receive either two strawberry daiquiris or two mai tais until the end of Oct.



### Love & Sandwiches

Ike's Love & Sandwiches, has officially opened in Lanai @ Ala Moana Center. The San Francisco-based sandwich shop is known for its diverse made-to-order sandwich options and Ike's famous "dirty sauce". The eatery is open Mon-Sat 0800-2100 and Sun 0900-1900, see alamoanacenter.com

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