

Oahu: A Destination For Adventure

Oahu is an adventure traveller's dream, with outdoor activities ranging from beach yoga to off-road biking.

Hawaii Tourism has compiled a diverse selection of activities for clients who want to explore the island.

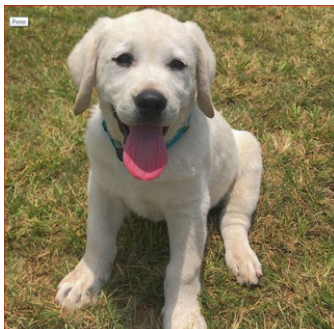
For those looking to relax, Beach Sunset Yoga Hawaii (pictured) offers morning and evening oceanfront yoga classes; Still & Moving Centre offers classes in aerial dance, yoga, hula, martial arts, meditation & culture, nia, pilates, feldenkrais, belly dancing and more; while The Surfjack Hotel & Swim Club offers sunset and vinyasa yoga as well as sound healing.

For those who'd like to take a ride Hawaii Bicycle League has free Bike Basics workshops and a bike sharing



programme; while Turtle Bay Resort's North Shore Bike Park offers professionally-developed mountain bike trails and oceanside trails to cater for all levels of experience.

Waikiki's Kapiolani and Ala Moana Beach parks are Hawaii Tourism's recommended spots for runners (noting that Lanikai Juice offers free running clubs at its Kakaako, Kahala, Kailua, and Kapolei locations). Finally for hikers, the options include Leahi or Diamond Head, Makapuu Point Lighthouse Trail and Keana Point.



New Ambassador

Turtle Bay Resort has adopted a new Ohana member, Pono the Labrador retriever. Pono will be taking up the role of canine ambassador at the resort, greeting visitors in the lobby and joining guests on guided hikes when he's a little older. He is currently undergoing training to become a certified service dog, helping make guests experiences at the resort extra 'paw-some'.



Menehune Mischief

Aulani, a Disney Resort and Spa on Oahu is now offering *Menehune Mischief*, a lively dinner show, at its Makahiki restaurant. *Menehune Mischief* celebrates the story of the magical little people of Hawaiian legend known as Menehune, with music, sing-along fun and engaging storytelling. *Menehune Mischief* will be on Sun, Tue and Thu beginning at 1715, with prices starting from USD53 for adults and USD26 for children under nine. See disneyaulani.com

New Oahu Heli Tour

Blue Hawaiian Helicopters has launched a new Oahu tour Pali Makani.

The 30-min. tour, ex Honolulu, flies over Oahu and highlights such as Iolani Palace, Puowaina, Magic Island, Ala Moana Beach Park, Waikiki Beach, Pearl Harbour, Diamond Head and more. Prices start from USD220pp, see bluehawaiian.com

Taste Of Hawaii

Hawaii Island's largest agricultural show, Taste of the Hawaiian Range, is on 29 Sep at Waimea's Mana Christian Ohana.

The all-day event features outdoor agricultural themed activities, tastings that show off locally produced foods, culinary demonstrations and more. See tasteofthehawaiianrange.com



Snorkel Tours

Redline Rafting in Maui is offering daily snorkelling tours to the rarely-seen back-wall of Molokini islet, located off Maui's South Shore. Hawaii Tourism says the back-wall is one of Hawaii's top rated scuba dive spots. The tour includes snorkelling at the islet, a visit to south Maui's Keone'o'io Bay and a swim in an area known for green turtle sightings. Tours depart daily at 0700, returning at noon and are priced from USD135. See redlinerafting.com



Re-Imagined Pool At Outrigger Reef

Outrigger Reef Waikiki Beach Resort is now sporting a different pool experience, inspired by Hawaiian culture and the local Hokule'a Polynesian Voyaging Society.

New pool offerings include an interactive experience with fresh food and beverage, and personalised storytelling. There's also Hawaiian music and beach and pool-related retail options with nods to OZONE (Outrigger's ZONE), a global eco-friendly initiative to protect the world's oceans.

There's also six new cabanas, which each feature an outdoor couch, two chaises, two outdoor chairs, a cooler, a snack basket, two reusable beverage containers, local and luxury magazines, and reef safe sunscreen, with menu items from Kani Ka Pila Grille available for purchase.

Cabanas are priced from USD110 for a full-day or USD55 for a half-day, excluding tax. See outrigger.com

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